



VOLUME 4
ISSUE 2

SUMMER 2011
NEWSLETTER

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NEW EXECUTIVE DIRECTOR FOR HCBH NAMED

On May 24th the HCBH Board announced that Kipp Dana had been selected as the new Executive Director for High Country Behavioral Health and is anticipated to begin his new role near the end of June.

Dana was born and raised in the Star Valley area and states “part of his quest to return is to satisfy a desire to come ‘home.’” In 1997 Dana was hired as a counselor for Lincoln County Mental Health (now HCBH). Before that he worked eight years for Wasatch Mental Health and Utah County as a Prevention Specialist and the Prevention Bureau Director. After completing his Masters Degree in 1996 Dana started making plans to return to his Wyoming roots. From 1997 to 2001 he provided counseling services at LCMH to individuals, couples, and substance use disorder groups. He also worked for the Lincoln County School District as the Student Assistance Program Coordinator where he provided school-based mental health services. In 2001 he left Wyoming and accepted the role as Executive and Clinical Director of a Five County Youth Detention and Rehabilitation Center in Eastern Idaho. Although Dana has tried a few different things he feels his greatest achievement over the last seven years has been working as the Executive Director to build the largest substance abuse and co-occurring treatment agency in Idaho.

First order of business, Dana anticipates visiting each HCBH office in an effort to get to know the staff and learn more about the services provided to their clients. HCBH wants to warmly welcome Kipp Dana and looks forward to the implementation of his expertise to help HCBH provide the best services to its communities.

SANDERSON CELEBRATES 20 YEARS OF SERVICE



Business name changes, location changes, technology changes and personnel changes have been just a few of the obstacles Ann Sanderson has experienced in her 20 years employment at High Country Behavioral Health. However, the obstacles have been far outweighed by the positive changes Sanderson has seen and will see in her time here at HCBH. “Not just positive changes in the business, but positive changes in the lives of the people in the communities we serve,” was Sanderson’s reflection on how the good has always outweighed the trials she has dealt with.

Sanderson began serving her community in 1991 when she first came on under the name of Lincoln County Mental Health which was located on Hospital Lane in Afton. In 2002 the State of Wyoming asked LCMHA to add Pinedale mental health to the company so for about 6 months they were Lincoln/Sublette Mental Health and then High Country Counseling and Resource Centers and now High Country Behavioral Health.

“Instead of sending information via data uploads, we sent them through the mail every month. I kept ledgers and typed out on the typewriter client’s bills each month, a lot has changed since I have been here,” says Sanderson, “but no matter what, I love my job and I love my community”

“Ann is an asset to the company, its clients and its employees,” says Josh Frazier, counselor at Star Valley High School, “She is one of the most caring and generous people and is one of the things that makes that office so great”

UINTA COUNTY CONTRACT RENEWED

HCBH and Pioneer Counseling submitted applications to provide mental health services in Uinta County for the upcoming fiscal year. HCBH obtained the mental health contract last year for FY10-FY11. A select committee, chaired by Captain Jon Kirby of the Evanston Police Department, was created to review the applications, hear both Pioneer Counseling's and HCBH's testimony and deliberate.

Both parties presented to the select committee their participation with other government and private agencies as well as what they do well and what they feel is lacking in the current mental health

*"When someone in the community has a need, we are happy to fill it."
-Dr. Marty Nelson*

system in Uinta County. Dr. Marty Nelson described programs that HCBH will be implementing like an Adolescent Intensive Outpatient Services as well as a summer camp for autistic students. Pioneer had current clients of their CLIP program testify on their behalf as well as Ed Wigg from Curran Seeley Foundation.

The select committee was to judge from criteria set forth by the State and after a day of deliberation, the select committee awarded HCBH with the Uinta County Mental Health Contract. Thank you to Dr. Marty Nelson, Carl Harris and Nick Baird for representing HCBH in these proceedings.

HCBH PROVIDING WALK-IN SERVICES

In recent opinion surveys taken at local health fairs patrons indicated that times of services were just one of the barriers to obtaining mental health and substance abuse services at HCBH. Barriers ranged from needing evening services to more flexibility during the day to accommodate work schedules. In an attempt to help alleviate some of these barriers, HCBH has implemented in the Lincoln/Sublette offices walk-in appointment times for clients. HCBH is hopeful that this will help those who are unable to schedule ahead of time and who may be potentially inhibited from obtaining the mental health and substance abuse services they need.

Afton, Alpine, Kemmerer and Pinedale are now currently offering these walk-in service times:

Afton: Monday 1-3 p.m., Tuesday 1-3 p.m., Wednesday 1-3 p.m.

Alpine: Thursday 1-3 p.m.

Kemmerer: Tuesday 12-3 p.m., Wednesday 12-3 p.m., Thursday 12-3 p.m.

Pinedale: Wednesday 9 a.m. - 12:00 p.m.

UTILIZING EVIDENCE BASED PRACTICES

- Marty Nelson

HCBH stays abreast of recent, Evidence-Based Practices in the field and utilizes these in our provision of services. As Evidence-Based Practices, HCBH engages in family psycho-education, illness management/recovery, wraparound services, and integrated treatment for co-occurring disorders and medication management. HCBH also incorporates the Principles of Evidence-Based Practices and those Principles are illuminated in all aspects of our treatment and programs. HCBH utilizes a research-based model that is recovery-based with an emphasis on psychosocial rehabilitation and illness management. Here are a few of the Evidence-Based Practices HCBH uses:

ACT (ASSERTIVE COMMUNITY TREATMENT)

HCBH is successfully utilizing an ACT model in conjunction with our Residential Programs. ACT is a service-delivery model that provides comprehensive, locally based treatment to people with serious and persistent mental illnesses. Unlike other community-based programs, ACT is not a linkage or brokerage case-management program that connects individuals to mental health, housing, or rehabilitation agencies or services. Rather, it provides highly individualized services directly to consumers. ACT recipients receive the multidisciplinary, round-the-clock staffing of a psychiatric unit, but within the comfort of their home and community. To have the competencies and skills to meet a client's multiple treatment, rehabilitation, and support needs, ACT team members are trained in the areas of psychiatry, social work, nursing, substance abuse, and vocational rehabilitation. The ACT team provides these necessary services 24 hours a day, seven days a week, 365 days a year.

RESIDENTIAL PROGRAMS

Other specific Evidence-Based practices incorporated into the Residential Programs (Amethyst House, Freedom House, and the Mt. View Apartments include) Family Psycho-educational, illness management/recovery, and integrated treatment for co-occurring disorders, and medication management.

IRS (INDIVIDUAL REHABILITATIVE SERVICES)

HCBH SPMI clients engage with individual rehabilitative services (IRS) which provides skill trainer contact designed to implement the portion of the treatment plan targeted to restoring basic skills necessary to function independently in the community. IRS services are utilized by HCBH as an integral part of the adult SPMI treatment and wellness plan. IRS are provided to clients who are in need of development or restoration of basic skills that are necessary for the individual to function in an age appropriate and independent fashion in the community. Services are provided by staff trained to assist clients in basic skill development. These services are provided to individuals, families, or couples. Services are designed to be flexible to the extent that they can be provided in the community. Services in this area assist the client in gaining access to other needed community services, developing more independent living skills, managing behavioral difficulties, and/or managing a diagnosed mental disorder. All rehabilitation services are designed to meet the individual's wellness, rehabilitation, and prevention goals.

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**Additional
Evanston Staff**

Evanston RNs:

Lori Meeks

Evanston CNAs:

Jami Bott
Audrey Coates
Tiffany Kaeding
Deanna Walk
Megan Windley
Amanda Gerber
Cris Davis
Amanda Sloan

Evanston MHAs:

Adrienne Southard
Emerly Magalogo
Heidi Reynolds
Michael Taylor
William Bromley
Emily Scott
Clara Siebrecht
Wendy Beckstead
William Chappell

Evanston Medical

Case Manager:

Lydia Garcia

High Country Behavioral Health Directory

AFTON OFFICE
389 ADAMS STREET
PO BOX 376
AFTON, WY 83110
(307) 885-9883
FAX: (307) 885-5206

Clinical Director/Therapist: Clive Hallam
Office Manager: Marion Park
Therapist: Andrew Parker
Therapist: Leah Black
Therapist: Holland Wilson
Case Manager: Jennifer Schmidt

EVANSTON OFFICE
75 YELLOW CREEK
ROAD, SUITE 105
EVANSTON, WY 82930
(307) 789-4224
FAX: (307) 789-4225

Clinical Director/Psychologist: Dr. Marty Nelson
Office Manager: Sheila Newman
Office Assistant: Abby McWhorter
Psychologist: Dr. Steve Cook
Therapist: Becky Barber
Therapist: Elizabeth Baker
Therapist: Cynthia Platt
Therapist: Ron Dolan
Case Manager: Marci Conley
Peer Specialist: Renee Walker

KEMMERER OFFICE
821 SAGE AVENUE
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FAX: (307) 877-9832

Clinical Director/Therapist: Scott Erickson
Office Manager: Carolyn Carlson
Office Assistant: Elizabeth Slaughter
Therapist: Todd Bader
Therapist: Brent Westover
Prevention Coordinator: Brittany Ritter
Prevention Specialist: Julie Welsh

PINEDALE OFFICE
24 COUNTRY CLUB LN
PO BOX 856
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Clinical Director/Therapist: Dayle Read-Hudson
Office Manager: Candace Wyckoff
Therapist: Sarah Hixson
Therapist: Kay Ryan
Prevention Specialist: Benita Gustafson
Prevention Specialist: Tamara Kaderavek

Executive Director: Kipp Dana, Afton
Operations Manager: Carl Harris, Afton
Business Manager: Ann Sanderson, Afton
Accounting Manager: Nick Baird, Kemmerer
Accounting Assistant: Vacant Kemmerer
Executive Assistant: Kelly Kleeman, Afton

Satellite Offices

Alpine: (307) 654-7138
LaBarge: (307) 877-4466
Big Piney: (307) 276-4500
Mt. View: (307) 708-2967